

Rules for 2023 DJYSL Roller Hockey League

1. All players must wear a team jersey. If a player wears a non-jersey, the referee in his sole discretion will decide if the non-jersey is similar enough to his team's jerseys and may in his discretion allow a player to play with a non-jersey.
2. All players must wear helmets any time they are wearing skates.
3. There will be absolutely no arguing with the referee's calls. Arguing with a referee will result in a misconduct penalty. Two misconducts assessed to a player will render that player ineligible for the rest of the game.
4. After each game, each team will line up and shake hands with the opposing team.
5. After shaking each the opposing team's hands, each player will approach the ref and thank him as well. This is NOT an opportunity to argue calls – only to say thank you.
6. The game will consist 2-15 minute halves, running time except the last two minutes of the game. The referee controls the clock and will announce:
 - a. 2 minutes left in the game
 - b. 1 minute left in the game
 - c. 30 seconds left in the game
 - d. Count down the last ten seconds.
7. Each team has one time-out per quarter, which do not roll over to the next quarter.
8. Five-minute-overtime period(s) will only be during playoffs. Each team will get one timeout per five-minute period.
9. The exact playoff format will be determined depending on how many teams there are.
10. Champions in each division will receive trophies.
11. Teams will not have many extra players. Emergencies aside, all players must attend all games.
12. Each player must have a fully executed Player's Declaration to be eligible to play.